

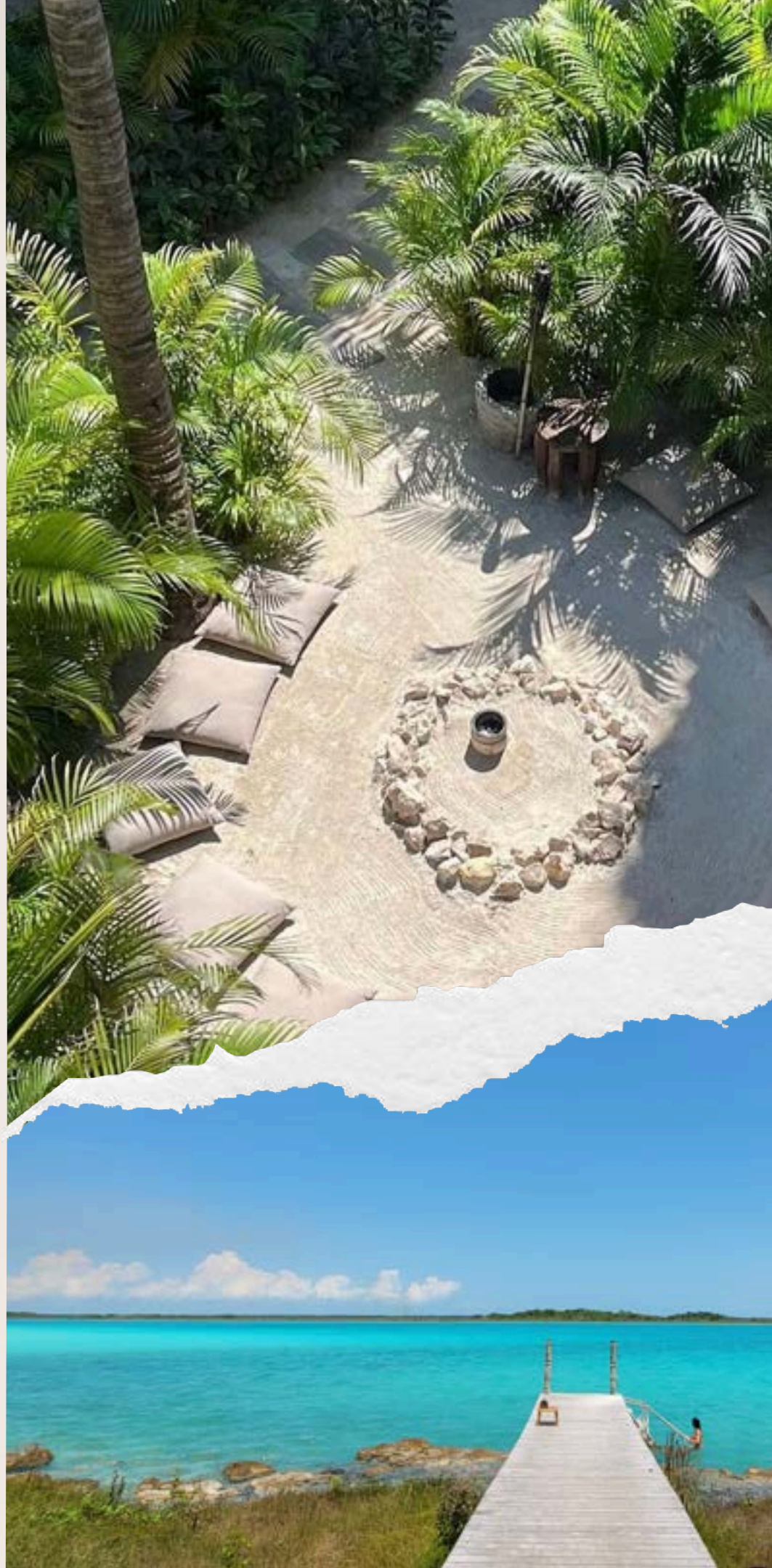


The Conscious
Leadership
Retreat

In an era defined by uncertainty, complexity, and rapid change, the most powerful leaders are those willing to look inward.

The last few years have stress-tested industries, challenged identities, and reshaped what it means to lead. This has also opened the door for something far more impactful - a new level of consciousness in leadership.

The Conscious Leadership Retreat is a curated space for leaders to pause, reconnect, and deepen their capacity to lead with curiosity, courage, and purpose. Designed for those ready to go beyond traditional development, this immersive experience is an invitation to discover the inner landscape from which conscious leadership emerges.





What You'll Experience

This is not a conference or a training. This is a transformational journey - designed to disrupt, reframe, and reawaken the leader within.

Over the course of your time with us, you will:

- Explore the core characteristics of conscious leadership: self-awareness, empathy, presence, and alignment
- Gain insights from the latest in adult development, neuroscience, group dynamics, and systems intelligence
- Deepen your capacity for listening, reflection, and intentional action
- Identify blind spots that impact your leadership - and learn how to shift them

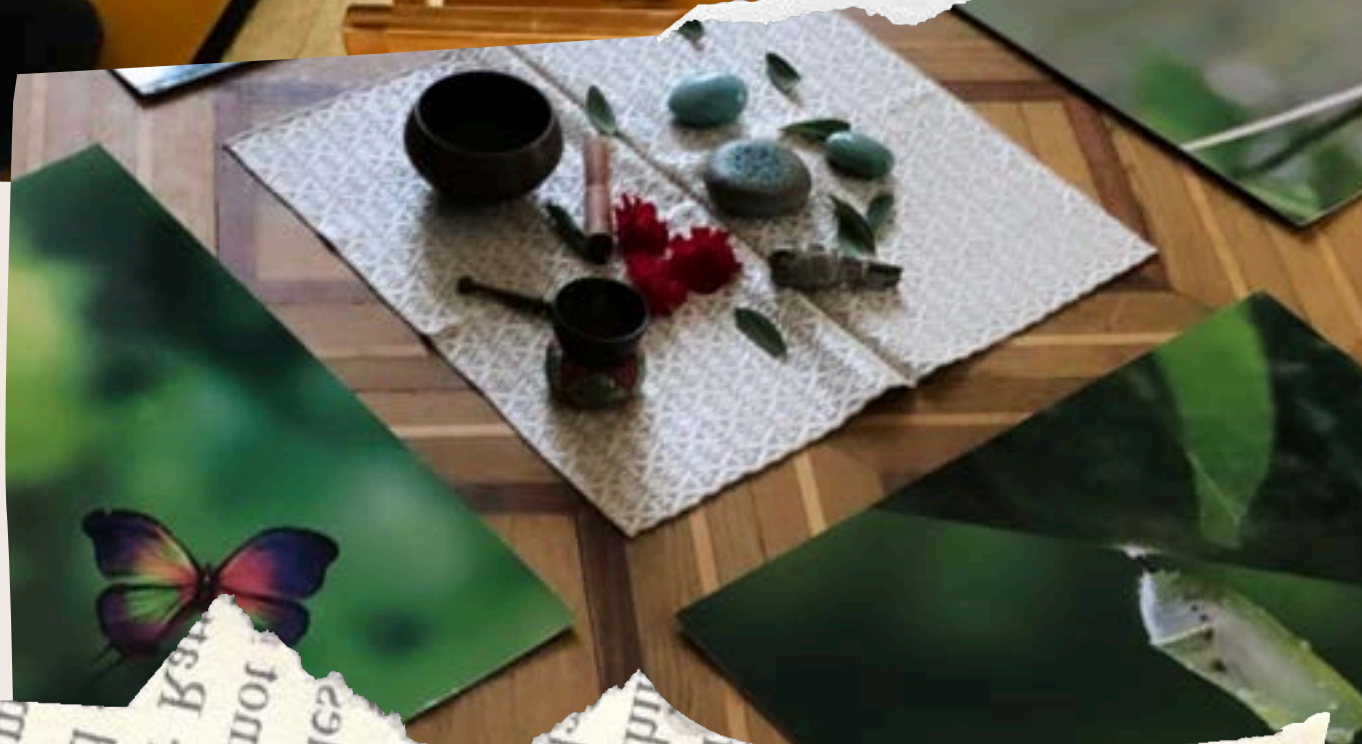


- Discover how to lead through values and live on purpose
- Learn to navigate tension and conflict with wisdom and choice
- Practice 'systems constellations' to make sense of patterns that bother and baffle
- Rewire stress responses to create a calm, conscious relationship with yourself and others
- Strengthen your complex problem-solving and decision-making skills
- Move beyond fear and uncertainty - and align with the highest version of yourself
- Develop a reflective practice to support lasting change
- Leave revitalised, grounded, and clear on the value you bring





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The Setting & Methodology

We host these retreats in some of the world's most beautiful and sacred locations - places that naturally support expansion, healing, and reflection.

You'll be guided by expert facilitators in a blend of ancient wisdom and modern science, through:

- Immersive, multi-sensory workshops - both indoors and in nature (forests, beach, ocean)
- Practices that awaken awareness and unlock insight
- Group coaching designed for curiosity and connection
- Healing experiences that integrate body, mind, and soul
- Locally sourced, organic meals that nourish you from the inside out

Every detail is curated - from the setting to the schedule - to bring you back to presence.







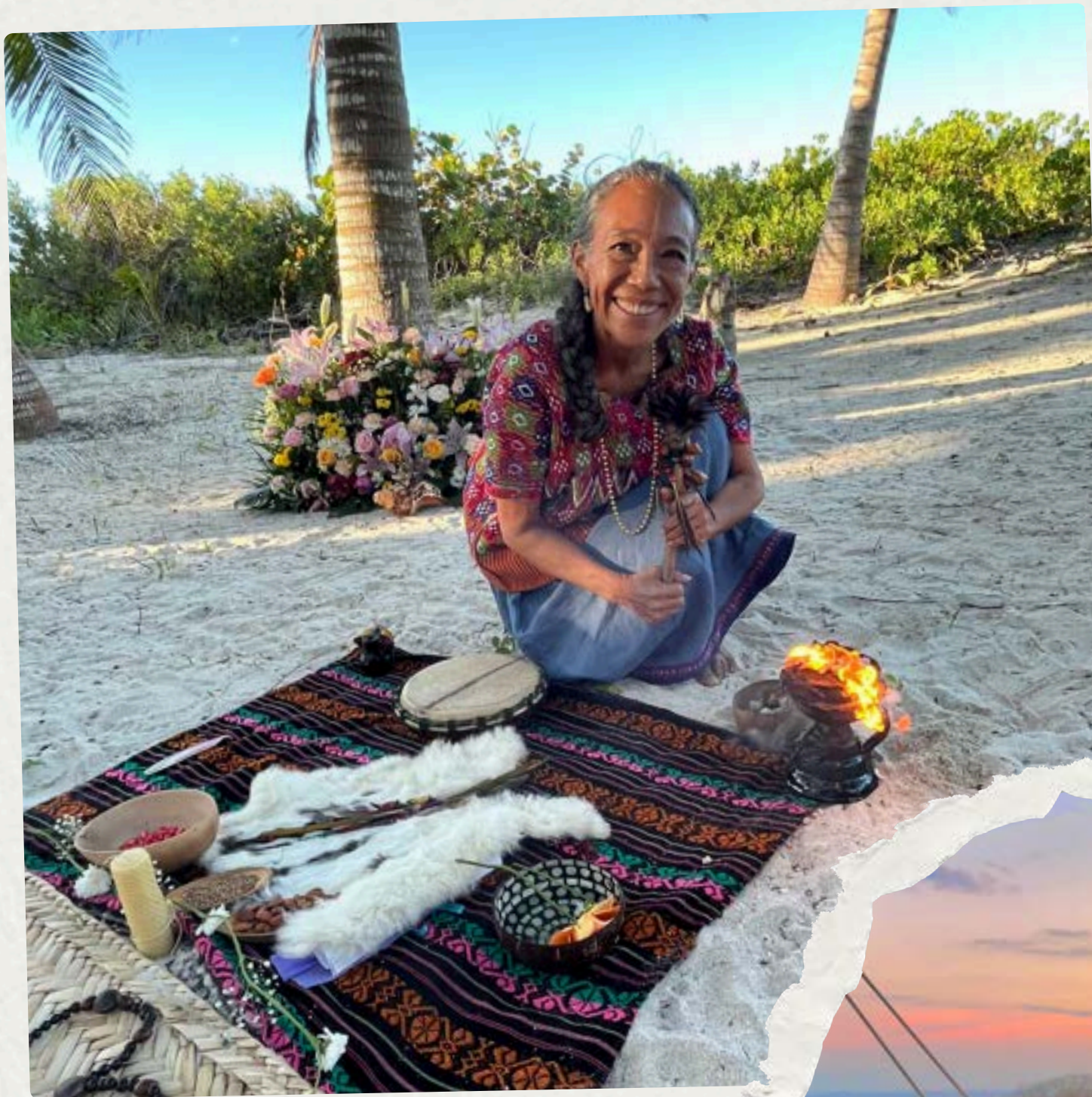
Who It's For

This is a selective, small-group experience - intentionally designed for leaders, founders, entrepreneurs and changemakers who are:

- Ready to unplug from the noise of the world
- Willing to dive into deep self-reflection
- Open to experiential learning and group exploration
- Seeking to shift old patterns and elevate to a new state of being
- Committed to leading with more awareness and impact

This is for those who are not just asking “What’s next?” - but “Who am I becoming?”







What Participants Say

"When I left, my energy had completely changed. My outlook shifted. I had practiced managing my mind in real-time experiences and now have the tools to integrate the learning in my life."

"The best investment I've made in a long time. Not your typical leadership development - by far the most fun I've had learning, and in the most beautiful, peaceful place."

"This retreat was a GIFT. I re-energised my values, released what no longer served me, and saw myself with new clarity. Samie and the team facilitated a sacred space that changed me from the inside out."





"This is the
start of
something
beautiful"
#LIVEINSPIRED



Meet Your Guide

Led by Samie Al-Achrafi and a carefully selected team of global coaches, healers, and practitioners, the retreat blends deep wisdom with proven developmental practices.

Samie brings over two decades of experience in values-driven leadership, systems thinking, and human development. The team is handpicked for their ability to create safe, catalytic spaces for transformation.



A person wearing a blue shirt and shorts stands on a large, circular, light-colored stone platform in the center of a dark cave. The cave walls are covered in stalactites and the floor is composed of dark, irregular stones. The water around the platform is a deep green color. The person is looking up at the cave ceiling.

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